

1 - Every morning or any time - you can instruct your higher soul to clear anything from your records/timelines that no longer serves you for your highest and greatest good. (Particularly when you have negative thoughts, deeds or actions)

2 - Good to do first thing in the morning –

In unity with the one true source and my higher self, the supreme God, with the support of all the true Gods, all the Archangels, holy angels, healing angels, all the angels and true beings of love and light, I humbly invoke for your divine help guidance direction and protection.

I ask for you to stand on guard around me now to keep me protected and safe, from harm, from any outside influences that could be affecting my energy and life.

Please cut all my cords, remove any hooks, cords or bindings for my highest and greatest good. Please take the hooks, cords & bindings up to the light, up to heaven where they can be transmuted.

I ask the violet flame of transmutation to flow around me now to keep me clear and clean and burn away any lower frequencies.

All these energies and all these emotions which do not belong to me I release them up to the light now for healing and transmutation with the arch angels and God/source/light.

Dear Angelic kingdom of light I ask you to protect me now. I ask for you to intervene in my life and correct all areas where there may be interference for my highest and greatest good. Angels, please come to me now and to pour love and light into my aura and whole being.

I call upon Arch Angel Michael, all the arch angels and the legion of angels to place a golden dome of protection all around me and my space

Please seal me off in a bubble of Gods Christed Golden light.

Please place me in my highest timeline for my highest & greatest outcome

I Stand in my power and claim my divine birth right.

I do not waiver. I fix this in place forever.

So be it, so be it, so be it, it is done.

3 - I am so happy and grateful I have huge abundance of great health wealth, happiness, joy and love.

I am so happy and grateful that I am in perfect health and at the right weight and body shape. I am so fit and love to exercise on a regular basis.

I am so happy and grateful that so much Abundance of money which is flowing to me properly and so easily. I also have an abundance of money savings, more than I will ever need.

I am so happy & grateful that I have a beautiful home which is where it needs to be, which is easily affordable. This home has so much peace around it for many miles/kilometres.

I am so happy and grateful that I have at least five beautiful, aligned soul family members around me. We totally trust and support each other.

I am so happy and grateful that I am with my divine aligned loving heart centred sacred union.

I am so happy and grateful that I have an abundance of clients, more than I will ever need.

I am so happy and grateful to have achieved all that I need, in a joyful stress-free life.

I am so grateful that all of this manifested in the right manner and properly all for my highest and greatest good.

4 - At night time –

Do some protection (you could ask God/ The divine to protect you or instruct your higher self to protect you) - Instruct your higher soul or ask Arch Angel Michael to cut your cords, remove hooks and bindings and take them to the light for transmutation. Send back any energies/soul fragments that don't belong to you to the rightful owners, cleared cleansed and pure and call back your energies/soul fragments that do belong to you from anyone and the universe ... cleared cleansed and pure.... and of course give gratitude for your day.