

# **CONSCIOUS LIVING with Angels**

## **Purification/Cleansing**

**Precious and Beloved Universe,**

**Today, I acknowledge your Presence and your Power.**

**I ask that anything that no longer serves my greatest good, everything that blocks, delays, obstructs or denies your Presence and Power within or around me, be eliminated from my mind, heart and life at its deepest root and cause.**

**I decree and declare that I am now set free from anger, shame, guilt, fear, bitterness, hurt, unforgiveness and any other toxic energy that can delay my physical, mental, emotional or spiritual healing, development and progress.**

**I ask for and open myself to receive the purifying light of your Presence easily, gently and with grace.**

**I give thanks for the fulfillment of this request. I accept it is so. And so, it is!**



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## **Forgiveness**

**(Practice this Prayer one time daily – anytime, anywhere.)**

**I,... (your name)... from the deepest level of my existence  
Now forgive all beings who have ever caused me any pain  
On all levels and in all possible manner of ways  
Back to the very beginning of all time.  
I forgive them right here and now.**

**I,... (your name)... from the deepest level of my existence  
Now forgive myself for any pain I have caused to other beings  
On all levels and in all possible manner of ways  
Back to the very beginning of all time.  
I forgive myself right here and now.**

**I,... (your name)... from the deepest level of my existence  
Now forgive myself for any pain I have caused to myself  
On all levels and in all possible manner of ways  
Back to the very beginning of all time.  
I forgive myself right here and now.**

**I,... (your name)... now free myself  
On all levels and in all possible manner of ways.**

**I now give myself absolute, unlimited and boundless permission  
To follow the true path of my soul**

**Thank you,  
So be it,  
so be it,  
so it shall be,  
And so it is!**

**(One time daily, anytime, anywhere and  
for as many days as you like.)**



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## **Alignment for Health and Light**

**(This prayer cum declaration is to be read either standing or on your knees as if you are in the church. Only very senior citizens in the wheelchair can read it while sitting.)**

**"God is Light. The light that is God fills my mind, my heart, my body and my soul NOW. I Am a child of God, filled with and surrounded by the Perfecting Light that is God. Every aspect of my mind, life and being is NOW brought into perfect and harmonious alignment with the light that is God. I Am the light that is God. The light that is God guides me NOW."**

**"God is Radiant Health. God's Radiant Presence fills every aspect of my being NOW. I Am a child of God filled with and surrounded by the Radiant Presence of Health that is God. Every aspect of my mind, life and being is NOW brought into perfect and harmonious alignment with the radiant health that is God and, that manifests and demonstrates as my natural state of health. I AM the Radiant Health that God is. God's Presence as Radiant Health fills me NOW."**



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## **Daily prayer for Guidance and Clarity**

**Beloved and respected Universe,**

**Thank you for clearly guiding my actions so that my path is smooth and safe.**

**Please help me to know the best direction to go and give me the confidence and support that I need to successfully make these changes.**

**I now give all cares, worries and confusion to YOU and release any attachment to outcome.**

**I have faith that as I follow my inner path of Divine Love, I AM safe and supported every step of the way.**

**And so it is!**

**Thank You!**

